# Hazel Park Schools November Food Service Newsletter



# The Happiest Place in School Welcomes You!

Welcome to your monthly newsletter! We are excited to share our story with you! Good food is essential for learning, and our food service program is committed to providing students with nutritious and delicious meals that will help fuel their success.

In this newsletter, we'll share updates on our menus, upcoming events, and nutrition and wellness tips for students and families. We'll also highlight the work of our dedicated food service staff, who are passionate about providing our students with the best possible dining experience.

Join us on a journey to nourish minds and bodies!



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Food Service by the Numbers

Year-to-Date 10/31
Total Meals Served
147,135

Apples served at Webb Elementary October '23 3,312

Pounds of Turkey Legs sold at Vikings Football Games

450

HPHS Snack Bar Sales increase vs prior year 310%



#### A Reason to Celebrate!

# **November 2: Fresh Fruit and Vegetable Program**

The Fresh Fruit and Vegetable Program (FFVP) is an important tool in our efforts to combat childhood obesity. The program has been successful in introducing elementary school children to a variety of produce that they otherwise might not have the opportunity to sample. Samples are provided to classrooms at Hoover, United Oaks, and Webb on Tuesdays and Thursdays beginning 11/2.

## **November 11: Veterans Day**

Veterans Day occurs on November 11 every year in the United States in honor of the "eleventh hour of the eleventh day of the eleventh month" of 1918 that signaled the end of World War I, known as Armistice Day.

### **November 24: Happy Thanksgiving!**

Students will enjoy a traditional Thanksgiving Feast including in-house roasted turkey, mashed potatoes, stuffing, and cranberry relish throughout the district on Tuesday, November 22<sup>nd</sup>.

## **November 28: French Toast Day**

Do you prefer them topped with fruit, syrup, or whipped cream? Try it whichever way you like as we celebrate National French Toast Day at Hazel Park Jr. High.



## **Hazel Park High School Features**



Voting: Nov 17, Service Nov 27 - Dec 1

Today's students are smarter and savvier about what they want to eat. Student Choice brings the latest food trends straight to the cafeteria and lets students choose what's on their menus.

This month's contenders:

Big City Barbecue: Regionally and globally inspired BBQ entrees with sides like macaroni and cheese

Butcher + Baker: Premium deli concept featuring topquality meats and cheeses with freshly baked bread









Service Nov 6 - 17

The school cafeteria is often the first place a child gets to taste and learn about foods outside their family's recipes or traditional cultural dishes. Highlighting the unique ingredients and authentic flavors from cuisines around the world, Global Eats brings a world of flavors to our cafeteria.

In October, we explored some great recipes from Mexico!





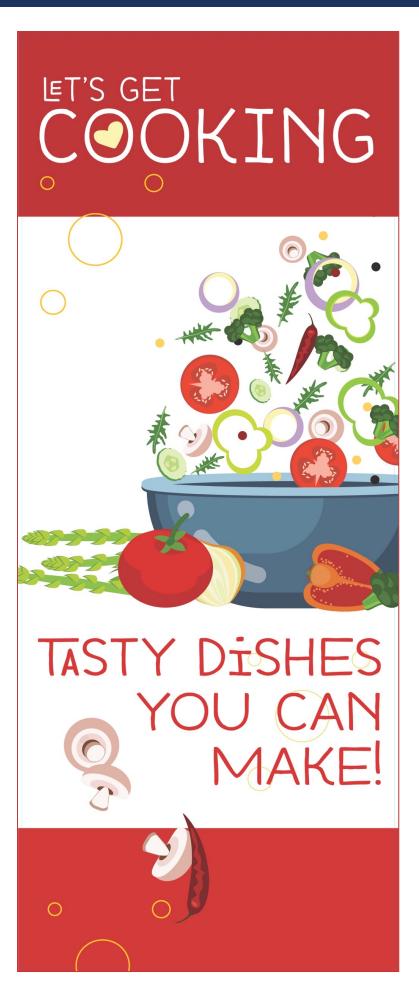
# This Month in Discovery Kitchen

November is Let's Get Cooking month in the cafes where we'll be engaging students with delicious recipes, interactive demos, and fun and informative nutrition education. Let's Get Cooking is a celebration of homemade foods and empowering students to make some of our own recipes at home with their family and friends.

In November, chefs and dietitians will organize Discovery Kitchen experiences in the cafeteria and classrooms with interactive ways students can taste and learn about basic cooking skills and homemade recipes they can enjoy during the holidays.







# **Better Together**

At the heart of Chartwells is a strong team of motivated, caring and conscientious individuals who are dedicated to ensuring students leave the cafeteria happier and healthier than they came in. We all have the same goal –delivering the best foodservice possible. Meet some of our team's newest members from across the district.



### Jen Chinn

You can catch Jen at Hazel Park High School working hard to prepare the selections for our popular new station, Global Eats!



#### **Arnesha Sumner**

Arnesha has been an excellent addition to the team at Jardon Vocational and Webb Elementary. She loves providing great meals for her students.

# nutrislice

Check out our menus and nutritional information online at hazelparkschools.nutrislice.com or scan the QR code on your mobile device!



**Employee Spotlight:** 

Executive Chef Edmund Ursing begins his Chartwells K12 Career at Hazel Park Schools this month.

Chef brings years of professional culinary experience to our team and is looking forward to sharing his wealth of knowledge and experience to our staff, developing our catering program, and special events in both the classroom and cafeterias.



