



November 14th, 2025

Dear Jardon/Webb Community,

We are approaching our last full week of our first “card marking” and “work rotation”. Students who are participating in work based learning will be finishing up this rotation and looking forward to new opportunities on November 24. Some students will remain in their current placements if more time is needed. All students will be receiving their first progress reports which will be going home after Thanksgiving.

We are so excited to be preparing for our Holiday Greenhouse Sale starting in December. Stay tuned for more information. We are incorporating some shopping time into our December Fun Night. Please plan to have your student(s) attend the fun event and you can stop in the Greenhouse and General Store and Shop.

Miracle Miles was voted the district Student of the Month for Jardon in October and will be honored at the November 17th Board Meeting at 6:00 p.m. Please plan to come support her! Some of our Student Council members will also be presenting at the same Board Meeting so it would be great to see families and peers there to support the Council members as well as their staff advisors, Karen and Jodi.

Please join us on social media! Find us on Facebook by searching for Jardon Vocational School. You will see regular updates posted there about what's going on at Jardon! Please feel free to contact me at heidi.kunz@myhpsd.org or 248-658-5953, if you have any questions or concerns.

Thank you,

Heidi Kunz



NOVEMBER & DECEMBER

November 21st

Bagel Day
Bagel \$1.00
Cream Cheese \$0.50

December 11th

Fa La La Fun Night
5:30-7:00 PM
Admissions \$5

November 26th-28th

NO School
Thanksgiving Recess

December 19th

Half Day
11:00 AM Dismissal
Holiday Break begins

December 5th

Bagel Day
Bagel \$1.00
Cream Cheese \$0.50



It's that time of year again for our annual holiday baskets. Each year Hazel Park School District makes food baskets for families in the community who are in need.

This year, Jardon is responsible for potato products. This includes: Instant, Boxed, or Canned. We will be collecting these products now until December 11th.

The class with the most potato products will receive a pizza party.





Jardon MoCI Community-Based Instruction for the Upcoming Week:

Monday- 11/17- P.M. - Kroger

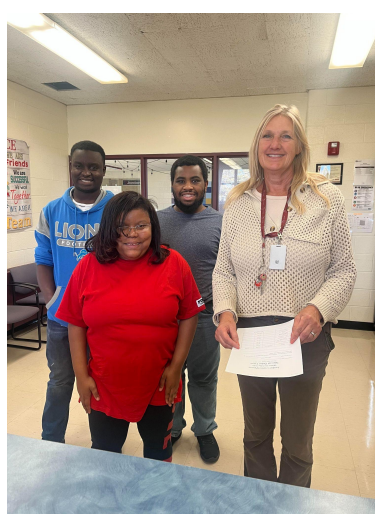
Thursday- 11/20- P.M.- Arts & Scraps

Jardon ASD Community-Based Instruction for the Upcoming Week:

Monday - 11/17- P.M. - Kroger

Thursday- 11/20- P.M.- Somerset Mall

(All CBI locations are subject to change due to weather etc.)





Fa La La...

Fun Night

December 11th, 2025

5:30-7:00 PM

Join us for a fun night of music, dancing, food and a craft.

Admission \$5

Please R.S.V.P no later than Monday, December 8th, in the
front office. 248-658-5950



FAR
Therapy



D YOGA N C E



We're getting
ready...

Holiday SALE



STARTS
DECEMBER 1ST
MORE INFO TO COME

\$\$ Bonus \$\$

IN ADDITION TO THE PRIZES YOU CAN WIN BY MATCHING THE DAILY FOUR NUMBER EXACTLY,
WE HAVE PICKED 21 BONUS DAYS

\$\$ BONUS DAYS \$\$

\$500 DAYS	Feb 17, 2026 - Mar 27, 2026 - May 11, 2026 Jul 8, 2026 - Oct 22, 2026 - Nov 28, 2026
\$1,000 DAYS	Jan 15, 2026 - Apr 1, 2026 - Jun 27, 2026 Aug 17, 2026 - Sep 18, 2026 - Dec 8, 2026
\$1,500 DAYS	Jan 27, 2026 - Apr 23, 2026 - Sep 5, 2026 Sep 5, 2026 - Nov 16, 2026
\$2,500 DAYS	Feb 11, 2026 - Jul 20, 2026
\$5,000 DAYS	Jun 5, 2026 - Oct 6, 2026
\$10,000 DAY	Dec 23, 2026

ALL PROCEEDS BENEFIT

Area Youth Programs



COST: \$25.00 From 1/1/2026 - 12/31/2026
Good for 313 days

Mondays \$200 - * except on schedule days

Tuesday - Saturday \$100 - * except on scheduled days

Near Miss - \$25 one number up or down

* See ticket back for 21 bonus days

BASED ON MICHIGAN DAILY 4 DIGIT NUMBER

EVENING DRAWING

PLAYED STRAIGHT - DRAWING MON-SAT
BONUS DRAWING EXCLUDED

If your number is drawn on Mondays, you receive \$200.
If your number is drawn Tuesday - Saturday, you receive \$100.
See back of Ticket for Bonus days - up to one \$5,000 Winner

Also if your number is one up or one down
from the drawn number, you receive \$25.00.
Example: 1538 is winning number and you have
1537 or 1539 - you win \$25.00.

If the raffle ticket for the daily number has not been sold, a drawing
from the pool of raffle ticket stubs for tickets sold will take place
at 2380 Wixom Tr., Suite H, Milford MI.
between 7:30 p.m. and 8:00 p.m. the same day.



“Tired” vs. “Fatigued”

We often hear “tired” and “fatigued” used interchangeably. While they are close in definition, there is a key difference!

Per the [Oxford Learner’s Dictionary](#), “**tired**” is defined as: “*feeling that you would like to sleep or rest; needing rest*”.

The [NCI Dictionary of Cancer Terms](#) defines “**fatigue**” this way: “*An extreme sense of tiredness and lack of energy that can interfere with a person’s usual daily activities. A person with fatigue may feel weak, worn out, heavy, slow, or run down. They may also have trouble speaking or concentrating, short-term memory loss, and mood or emotional changes*”.

Both terms describe what we feel like when our physical, mental, and emotional energy levels are not optimal, but the difference is in the **intensity**.

This is important when describing how we feel when we’re not feeling well. When we are tired, getting a break, sleep, or rest will generally restore our energy. But when we are fatigued, this may persist despite resting or getting a nap.

Fatigue is often indicative of something more going on within the body, such as illness or injury, that may require more for healing than just a good night’s rest. So when you’re feeling low on energy, it is helpful to ask yourself - am I experiencing tiredness, or fatigue?

For more information, check out: *Fatigue vs. Tiredness: A Few Things To Know*
<https://hyperionbiotechnology.com/blog-fatigue-tiredness-a-few-things-to-know/>

Nurse Stephanie



Hello,

My name is Karen Sowle. Many of you may know me as Karen Converse. I was married this past summer, hence the name change! This is my 4th year working at Jardon. I have taught in an ASD classroom, MoCI classroom and now I am working as the temporary Transition Coordinator! Our wonderful and amazing Transition Coordinator, Jessica Haines, is out on maternity leave for the next few months, so I will be working in her place.

If you have any questions or concerns, please do not hesitate to reach out to me! I am looking forward to working with you and all of the exciting challenges of taking on a new role here at Jardon!



Karen Sowle
Transition Coordinator
karen.sowle@myhpsd.org



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*A permanent, lightly supervised
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*Join us for a night filled with fun
and laughter!*

Location:

*Birmingham Unitarian Church
38651 Woodward Ave
Bloomfield Hills, MI*

**Ages
18+**



Scan to register

**DECEMBER
12**

**FRI
6:00 - 7:30
PM**



Come find your flock in The NEST!

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November 2025

Jardon Vocational School

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Lunch • Sweet & Sour Chicken • Vegetable Fried Rice • Cheese Stuffed Breadsticks • Wowbutter & Jelly Sandwich Fun Lunch	4 Lunch • Sweet & Sour Chicken • Vegetable Fried Rice • Cheese Stuffed Breadsticks • Wowbutter & Jelly Sandwich Fun Lunch	5 Lunch • Chicken Tenders • Dinner Roll • Classic Hamburger • Popcorn Chicken Salad • Flatbread Pieces	6 Lunch • Mini Cheese Ravioli with Marinara Sauce • Dinner Roll • BBQ Pulled Pork Sandwich • Cheez-Its, Cheese, & Grapes Fun Lunch	7 Lunch • Whole Grain Pancake Bites • Chicken Sausage Patties • Cheese Pizza • Wowbutter & Jelly Sandwich Fun Lunch
10 Lunch • Sweet & Sour Chicken • Meatballs • Vegetable Fried Rice • Grilled Chicken Sandwich • Wowbutter & Jelly Sandwich Fun Lunch	11 Lunch • Beef Nachos • Turkey Ham & Cheese Bagel • Melt • Cheez-Its, Cheese, & Grapes Fun Lunch	12 Lunch • Boneless Chicken Wings • Flatbread • Bacon Cheeseburger • Popcorn Chicken Salad • Flatbread Pieces	13 Lunch • Oven Roasted Chicken • Drumstick • Whole Grain Dinner Roll • Cheesy Italian Pull Apart • Muffin, Yogurt & Cheese Fun Lunch • Chat Snacks Vanilla Grahams	14 Lunch • Whole Grain French Toast • Sticks • Chicken Sausage Patties • Cheese Pizza • Wowbutter & Jelly Sandwich Fun Lunch
17 Lunch • Chicken & Vegetable • Dumplings • Brown Rice • Fiestada Pizza • Wowbutter & Jelly Sandwich Fun Lunch	18 Lunch • Baja Beef Rice Bowl • Brown Rice • Cheese Stuffed Breadsticks • Muffin, Yogurt & Cheese Fun Lunch • Chat Snacks Vanilla Grahams	19 Lunch • Macaroni and Cheese • Dinner Roll • Classic Cheeseburger in Bun • Popcorn Chicken Salad • Flatbread Pieces • Flatbread	20 Lunch • BBQ Pulled Pork Sandwich • Chicken Patty • Whole Grain Hamburger Bun • Cheez-Its, Cheese, & Grapes Fun Lunch	21 Lunch • Whole Grain Waffles • Chicken Sausage Patties • Cheese Pizza • Wowbutter & Jelly Sandwich Fun Lunch • Chat Snacks Vanilla Grahams
24 Lunch • Teriyaki Glazed Chicken • Vegetable Fried Rice • Grilled Chicken Sandwich • Muffin, Goldfish & Yogurt Fun Lunch	25 Lunch • Walking Beef Taco • BLT Burger • Wowbutter & Jelly Sandwich Fun Lunch	26 Lunch • Walking Beef Taco • BLT Burger • Wowbutter & Jelly Sandwich Fun Lunch	27 Lunch • Walking Beef Taco • BLT Burger • Wowbutter & Jelly Sandwich Fun Lunch	28 Lunch • Walking Beef Taco • BLT Burger • Wowbutter & Jelly Sandwich Fun Lunch

If you have a food allergy or intolerance, please notify us. Ask your cafeteria manager if changes were made to today's menu so we can help keep you safe!

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

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**HAZEL PARK
SCHOOLS**



Hazel Park Schools
Administration Building
1620 E. Elza Hazel Park



Distribution Dates Are Fridays (*unless in bold*) beginning at 9:30 am unless noted

October 17, 2025	January 16, 2026	April 17, 2026	July 17, 2026
November 14, 2025	February 13, 2026	May 15, 2026	Aug. 14, 2026
December 12, 2025	March 13, 2026	June 12, 2026	Sept. 11, 2026

The food goes very quickly, so please come early to get in line.

Hazel Park Schools has partnered with Gleaners Community Food Bank to bring the School Mobile Food Pantry to our students and their families. ***Food distributions per family total 36 lbs of food which includes milk, lean meats, fresh fruits, vegetables, and dry goods every month.***

Please line up in your car in the parking lot, going down Elza in front of the school. **Please do not block any driveways and be sure to line up along the curb to avoid blocking the road.** We appreciate your cooperation in this matter out of respect and safety for our neighbors.

Here are a few **NEW RULES** and procedures provided by Gleaners: 1. Food pickup line will **NOT** begin until 9:30 am; 2. Walk ups **CANNOT** receive food until 10 am (30 minutes after the line has begun); 3. Food will **ONLY** be distributed for 1 hour, our distribution will end at 10:30 am; 4. You must be present with your card, no pickups or delivery allowed; 5. No more than 6 servings per car; 6. Staff must come through the line in their vehicle or wait until all the cars have been processed; 7. We are now required to ask for your income and/or program you are enrolled in (ex. SNAP Benefits); 8. We **CANNOT** hold food for families, it must be obtained during the Gleaners distribution; 9. We will **NEVER** ask for a driver's license; 10. Any remaining food will be sent back to Gleaners.

Please have your Gleaners card ready when you arrive. If you are new to Gleaners and do not have a card, you will be asked to fill out a form with your information as well as information for those in your household.

Gleaner's information will be sent by email and voice messages as reminders when you sign up for communications through your children's school.

Sign up for communications may be done through your Parent Portal on PowerSchool or the school district website, www.hazelparkschools.org/parents/resources--quick-links, then click on Alert Sign up.

Contact your Community Representative to help your family with resources for things such as bill pay, eyeglasses, local food pantries, and other resources. We want to make sure that all the needs of our students are addressed to the best of our abilities.

Gleaners Mobile School Pantry Site Coordinators: *Jamie Buczko, Administrative Assistant to the Superintendent, (248) 658-5220, jamie.buczko@myhpsd.org, or Nancy Anderson - Human Resource Specialist, (248) 658-5201, nancy.anderson@myhpsd.org*

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