

Jardon Vocational School

PARENT NEWSLETTER

From The Principal



May 28th, 2024

Dear Jardon/Webb Community,

This week's newsletter is coming to you a little bit later than normal! We are into our last week of job sites for the 2023/2024 school year. I don't know about you, but I cannot believe we are here already. It has really been a fantastic year and preparations are already underway for next year.

We have seven students who will be receiving their certificate of completion this year. This ceremony will be held on Thursday, May 30, at 6:00 p.m. under a tent outside at Jardon.

We brought back our talent show this year on Friday, May 17. The students (and staff) had a great time participating in and attending this event.

Please make sure to join us on social media! Find us on Facebook by searching for Jardon Vocational School. You will see regular updates posted there about what's going on at Jardon! Please feel free to contact me at heidi.kunz@myhpsd.org or 248-658-5953, if you have any questions or concerns.

Thank you,

Heidi Kunz

May / June

May 28th- School Resumes

**May 30th- Graduation 6:00 P.M.
At Jardon**

**June 6th- Half Day
11:00 A.M. Dismissal**

**June 7th- Half Day
11:00 A.M. Dismissal
Last Day Of School**



Weekly CBI

Jardon MoCI Community-Based Instruction for the Upcoming Week:

Monday- 5/27- P.M. - No School- Memorial Day

Thursday- 5/30- P.M. - Belle Isle Group B

Jardon ASD Community-Based Instruction for the Upcoming Week:

Monday- 5/27- P.M.- No School - Memorial Day

Thursday- 5/30- P.M.- Clawson City Park

(All CBI locations are subject to change due to weather etc.)



Jardon's Got Talent



News From NURSE STEPHANIE

What's in a Word?

"You keep using that word. I do not think it means what you think it means" (Scheinman & Reiner, 1987)

Medical terminology is a very precise "language". And rightfully so, as any confusion with words could end with poor consequences, such as a delay of care or even improper treatment. Here are some examples of terms that are often used interchangeably, but have different meanings!

Strain vs. sprain:

A **strain** is the overstretching of muscles, tendons (tendons connect muscles to bones), or ligaments (connecting bone-to-bone). A **sprain** occurs when the over-stretching results in a tear or rupture of the tissue. Both usually entail swelling, pain and tenderness, and need rest and support to heal; however, a sprain may require surgery to repair the tissue. A doctor should evaluate to determine the extent of injury.

Heart attack vs. cardiac arrest:

A **heart attack** occurs when blood flow to a portion of the heart is blocked, resulting in a lack of oxygen to muscle in the affected area. If untreated, **cardiac arrest** can follow - the heart completely stops. Both conditions are an emergency, so seeking immediate help for symptoms such as chest pain/pressure, shortness of breath, nausea, sweaty/clammy skin, and anxiety is vital to preventing cardiac arrest.

Mismatches in communication between medical practitioners and patients can lead to confusion and misunderstanding of health care plans. If you are not sure what your provider means during conversations, speak up! When you ask questions and seek clarification to better understand an issue, you can make the most informed decisions for yourself and your family.

Speaking of health care plans... When your student has any changes in medications, new diagnoses and/or action plans for asthma, allergies, seizure conditions, anxiety, etc., please let me know! I am here to support your child's medical needs while at school, and will create/update their school emergency plans accordingly. **Medication authorization forms and school emergency plans expire after one year**, so even if treatment plans remain the same, fresh documentation from your student's practitioner is necessary to keep their school plans in place. **For students with previously documented medical needs, medical packets for 2024-25 are going home soon!** All those who have already provided updates/fresh forms, I greatly appreciate it!

As always, for any questions/comments/concerns, feel free to stop in! I am available on full days from 10:30 - 2:30; or reach out anytime via voicemail or email. Thank you!

Nurse Stephanie

248-658-5956 (direct line)

stephanie.fowlereagan@myhpsd.org

Reference: Scheinman, A. (Producer) & Reiner, R. (Director). (1987). The Princess Bride [Motion Picture]. United States: Act III Communications / Buttercup Films

McGowan's Corner

FROM THE
TRANSITION COORDINATOR



[SpinCon Spring 2024 — My Relationships Project](#)

The Charting the LifeCourse framework was developed by families to help individuals with disabilities and families at any age or stage of life develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live.

<https://www.lifecoursetools.com/>



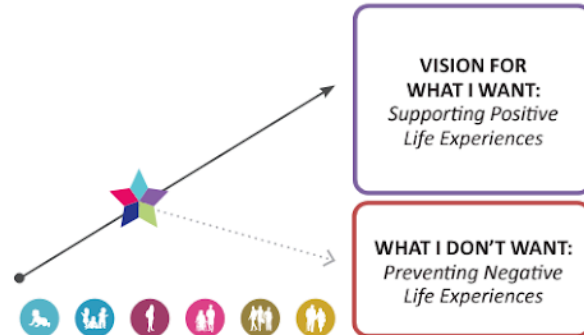
CHARTING THE LIFECOURSE FRAMEWORK | INFOGRAPHIC

What is Charting the LifeCourse?

The Charting the LifeCourse (CtLC) framework was created to help individuals and families of all abilities and all ages develop a vision for a good life, think about what they need to know and do, identify how to find or develop supports, and discover what it takes to live the lives they want to live. The framework is the keystone for supporting a community of learning that champions transformational change through knowledge exchange, capacity building and collaborative engagement.

Core Belief: *All people have the right to live, love, work, play and pursue their own life aspirations.*

Trajectory to a Good Life



Life Domains and Life Stages



Daily Life & Employment

What a person does as part of everyday life—school, employment, volunteering, communication, routines, life skills.



Community Living

Where and how someone lives – housing and living options, community access, transportation, home adaptations and modifications.



Healthy Living

Managing and accessing health care and staying well – medical, mental health, behavioral health, developmental, wellness and nutrition.



Safety & Security

Staying safe and secure – emergencies, well-being, guardianship options, legal rights and issues.



Social & Spirituality

Building friendships and relationships, leisure activities, personal networks, and faith community.



Advocacy & Engagement

Building valued roles, making choices, setting goals, assuming responsibility and driving how one's own life is lived.



Prenatal/Infancy

From conception through the earliest years of life or babyhood.



Early Childhood

The time in a child's life before they begin school full time.



School Age

The years from kindergarten through middle school.



Transition to Adulthood

Moving from childhood to young adulthood and from school to adult life.



Adulthood

Period of time after we transition from school years through the time we begin entering our golden years.



Aging

The golden years are when we begin to slow down and experience many age-related changes.





CHARTING THE LIFECOURSE FRAMEWORK | INFOGRAPHIC

Person within the Context of Family & Community



It's important that services do not become a barrier to relationships and community life.



All people and their families receive integrated supports and services for a "good life."

Reciprocal Roles



CARING ABOUT

- Share Love, Affection, and Trust
- Spend Time and Create Memories Together
- Know About Personal Interests, Traditions, and Cultures



CARING FOR

- Supports Day-to-Day Needs
- Ensures Material and Financial Needs are Met
- Connects to Meaningful Relationships and Roles
- Advocates and Supports Life Decisions

Three Support Buckets



DISCOVERY & NAVIGATION: Knowledge & Skills

- Information about topics and issues
- Knowledge about best practices or interventions
- Skills to navigate and access services
- Ability to advocate for services and policy change



CONNECTING & NETWORKING: Socio-emotional Well-being

- Friendships and social capital
- Peer Support
- Support Groups
- Professional Counseling



GOODS AND SERVICES: Day to Day Supports

- Transportation and Housing
- Financial Assistance
- Adaptive equipment or home modifications
- Short and Futures Planning
- Childcare and/or respite
- Caregiver Supports

Integrated Supports for a Good Life





SESSIONS AVAILABLE FROM 06/17/2024 - 07/19/2024

Team GUTS™ Fun and Fitness Camps

Team GUT Fun & Fitness Camp is a day camp opportunity for children and teens with special needs. Our experienced, caring staff work with campers to help them build self confidence, create lasting friendships and try a variety of fitness activities. Our goal is to provide a safe and inclusive place where fitness is fun and campers can be themselves.

The cost is **\$275** for a one week session.

Sessions available from 06/17/2024 - 07/19/2024

SUMMER CAMP

All new campers require an intake.
To schedule yours,
contact intakes@llecmi.org

Join us for an enriching program designed to foster social connections and empower you with essential life skills. Embrace the thrill of learning, the warmth of new friendships, and the excitement of exploring our expansive 12-acre property!



CAMP LOTUS

For teens and young adults with disabilities.
For those more independent. Ages 11+.

Price: \$475 per week
Monday - Thursday: 9:00 AM - 4:00 PM
June 24th-August 15th 2024

CAMP WILLOW

For teens and young adults with disabilities.
For more support. Ages 11+.

Price: \$525 per week
Monday - Thursday: 10:00 AM - 3:00 PM
June 24th-August 15th 2024

Living  *Learning*
Enrichment Center

Already a member? Enroll in camp by contacting programs@llecmi.org or by calling 248-308-3592

801 Criswold Street Northville, MI 48167 Livingandlearningcenter.org

Bocce Ball at Jardon



Bocce Ball will be on Tuesdays afterschool until parent pick-up at 4:00 pm
starting on April 2nd until May 28th.

Matches scheduled:

April 30 at Berkley High School

HP will transport to Berkley HS, parents pick up from Berkley HS

May 21 Berkley comes to Jardon

May 28- HP Administration comes to Jardon

All: 2:45 pm - 4:00 pm

Families can come watch all matches

We will be playing on Jardon's front lawn unless it is an away match

If your student is not signed up and is interested in playing,
please call the Jardon office- 248-658-5954


Already signed up, please join us on
the Remind App
for any news related to Bocce Ball



May 2024

Jardon Vocational School

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Lunch • Grilled Chicken Patty • Macaroni & Cheese • Turkey Ham & Cheese Sandwich	2 Lunch • Beef Nachos • Crispy Chicken Breast Sandwich • Turkey Ham & Cheese Sandwich	3 Lunch • Personal Cheese Pizza • Classic Pepperoni Pizza • Turkey Ham & Cheese Sandwich
6 Lunch • Cheese Lasagna Rollup • Bacon Cheeseburger • Turkey Ham & Cheese Sandwich	7 Lunch • Soft Beef Whole Grain Tacos • Chicken Nuggets • Turkey Ham & Cheese Sandwich	8 Lunch • Breaded Chicken Drumstick • Macaroni & Cheese • Turkey Ham & Cheese Sandwich	9 Lunch • Toasty Cheese Sandwich • Crispy Chicken Breast Sandwich • Turkey Ham & Cheese Sandwich	10 Lunch • Fiestada Pizza • Classic Pepperoni Pizza • Turkey Ham & Cheese Sandwich
13 Lunch • Mini Cheese Ravioli with Marinara Sauce • Classic Cheeseburger • Turkey and Cheese Sandwich	14 Lunch • Beef Hot Dog on Whole Wheat • Chicken Nuggets • Turkey and Cheese Sandwich	15 Lunch • Popcorn Chicken • Macaroni & Cheese • Turkey and Cheese Sandwich	16	17 Lunch • Cheesy Italian Pull Apart • Classic Pepperoni Pizza • Turkey and Cheese Sandwich
20 Lunch • Sweet & Sour Chicken • Classic Cheeseburger • Turkey Ham & Cheese Sandwich	21 Lunch • Totally Taco MaxSnax • Chicken Nuggets • Turkey Ham & Cheese Sandwich	22 Lunch • BBQ Oven Roasted Chicken Drumstick • Macaroni & Cheese • Turkey Ham & Cheese Sandwich	23 Lunch • Hot Turkey Ham & Cheese Bagel • Crispy Chicken Breast Sandwich • Turkey Ham & Cheese Sandwich	24
27	28	29	30	31

Menus Subject to Change We try our best to serve our menus as posted; however, sometimes last minute changes occur. Please check with the cafe manager prior to the meal if you have any concerns.

This institution is an equal opportunity provider. Layout & Design © Nutrislice, Inc. Printed on 4/30/2024 at 12:45 pm.





Southfield Special Forces May Activities 2024



These activities are adaptive programs for individuals 16 and older. A caregiver is required if one-on-one attention is needed. Activities meet at the Arts & Activities building, next to the Civic Center Tennis Courts unless otherwise indicated.

Date	Activity/Price/Time	
5-03-24	Dance & Exercise with Us - \$10/person 6:00 pm – 8:00 pm Join us for some fun dance & exercise! Please wear comfortable clothing & shoes. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5034?onlineSiteId=0&from_original_cui=true	
5-8, 5-15, 5-22 & 5-29-24	Walk with Us - \$30/person (4 weeks) 5:00 pm – 6:30 pm Meet at Inglenook Park, on 12 Mile between Lahser & Evergreen, near the restrooms. Wear comfortable clothing and shoes and bring water to drink. We will walk the paved path together. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5035?onlineSiteId=0&from_original_cui=true	
5-10-24	Mother's Day T-Shirt Making - \$25/person 5:30 pm – 8:30 pm Each person must bring 2 clean, plain t-shirts – one for you and one for Mom! It doesn't matter what color, just make sure you have the right sizes for each of you. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5036?onlineSiteId=0&from_original_cui=true	
5-17-24	Yoga & Dance - \$10/person 6:00 pm – 8:00 pm Join us for yoga with Miss Ashleigh and more! Wear comfortable clothing and shoes. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5037?onlineSiteId=0&from_original_cui=true	
5-26-24	Sunday Funday - \$20/person 2:00 pm – 5:00 pm Join us for a movie and craft! Light snacks will be served. Link for online registration: https://anc.apm.activecommunities.com/southfieldparks/activity/search/detail/5038?onlineSiteId=0&from_original_cui=true	
<div style="display: flex; align-items: center;">  <div> <ul style="list-style-type: none"> • Do not come to activity if you are feeling sick. You will be sent home if you are ill. • Caregivers attending must pay if consuming food. • Register by deadlines online, in person at Southfield P&R, 26000 Evergreen or mail in registration form with credit card payment. We accept all major credit cards and cash. Activity Staff is unable to take payments for activities. • For cancellations, call (248) 796-4604. </div> </div>		



Individuals with special needs who plan to attend these activities should contact the Parks and Recreation Department at 248-796-4620 if auxiliary aids or services are needed. Reasonable advance notice is required.

