

Jardon Vocational School

Parent Newsletter

From The Principal



February 17, 2023

Dear Jardon/Webb Community

Our second work site rotation will be finishing the week we return to school. For some students, this means they will be starting new jobs in new places, while others will remain in their current placements. Work contracts have been sent home for parent/guardian approval and have hopefully been returned back to school. You are always able to discuss these opportunities with your student's caseload teacher. Work reports continue to be sent home every two weeks so you can see exactly how they are doing as they progress through each rotation.

Mid-Winter break is at our doorstep. Hopefully our students will have time to spend with friends and family and do the leisure activities that they enjoy most! Some of you may even be doing some traveling!

We look forward to returning to school on Monday, February 27, 2023!

Please make sure to join us on social media! Find us on Facebook by searching for Jardon Vocational School. You will see regular updates posted there about what's going on at Jardon!

Please feel free to contact me at heidi.kunz@myhpsd.org or 248-658-5953 if you have any questions or concerns.

Thank you!

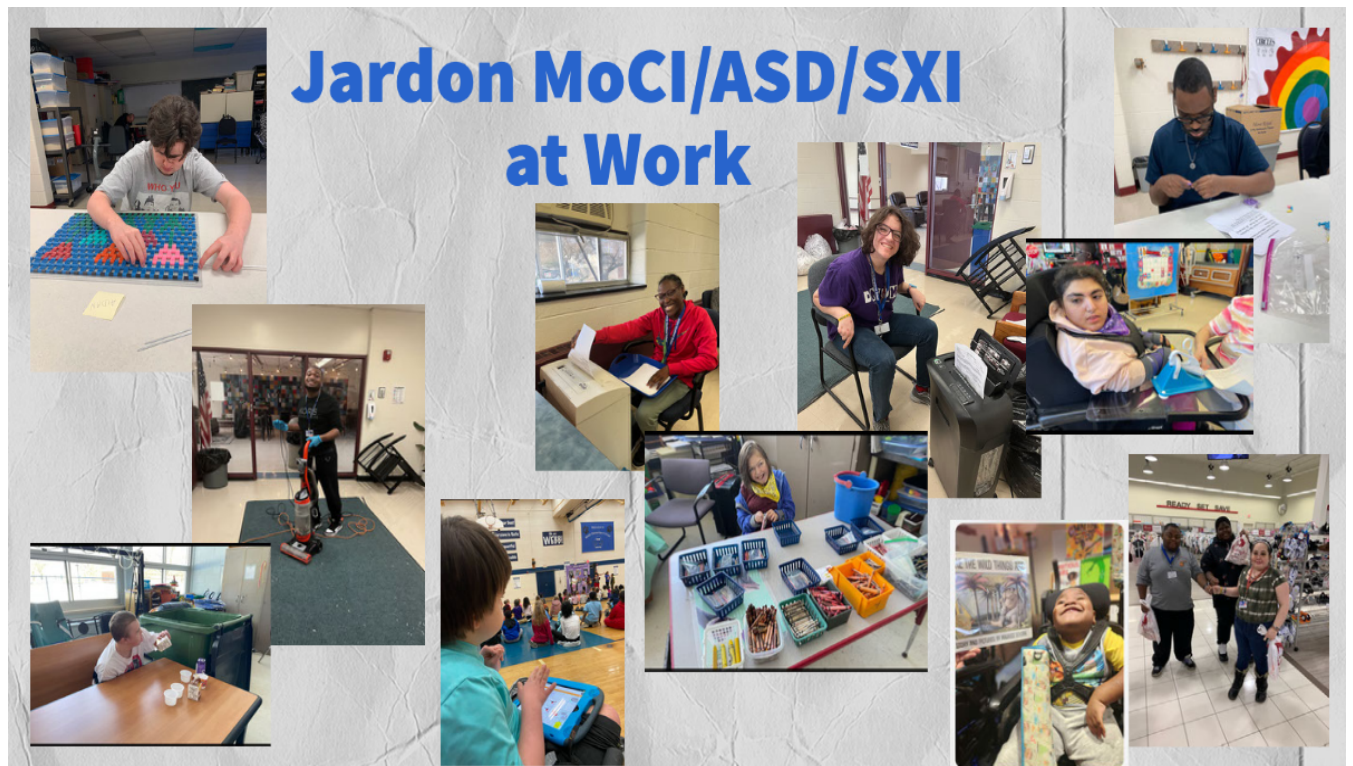
Heidi Kunz

FEBRUARY

Important Dates

February 20th/24th-Mid
Winter Break

February 27th-
School Resumes



**MRS. CONVERSES'
CLASS MADE
VALENTINE POPCORN
MIX**



**MRS.KULCZYCKI'S
CLASS MADE MONKEY
BREAD**

**Ms.Kelley's class made Red
Lobster Biscuits.**



Mrs. Kammeraad-Brown's class decorated cookies



CBI

Community Based Instruction - Week of 02/27/2023

MOCI:

ASD:

Monday (02/27)

Monday P.M. (02/27)

Meijer A.M.

Bed Bath & Beyond P.M.

Bowling P.M.

Thursday (03/02)

Thursday P.M. (03/02)

Sam's Club A.M.

St. Vincent DePaul Thrift Store P.M.

High School- Converse/Schwegler's Class P.M.

Friday (03/03)

Friday A.M. (03/03)

Gleaners-Board Office A.M.

National Coney Island A.M.

Half Day P.M.

Basketball Families:

Jardon Basketball has a possibility of a tournament in Lake Orion on Saturday, March 4th- start time 2:00pm. Please inform Coach R or Coach Jennifer if your athlete would be available to participate (Coach R sent home a flier for response on Wednesday). If there are enough players, Coach R will sign us up and inform all families of the exact place and time of the games.

We will have practices Wednesday, February 15, Wednesday, March 1st and March 8th.

Wednesday, March 8th will be our last practice/celebration. Please have your athlete bring their bag, uniform and warm-up to the March 8th practice.

Thank you for supporting your athlete through the season

Coach R and Coach Jennifer



From the Transition Coordinator: Mrs. Barshaw

Using One's Cell Phone Alarm

Being on time is a crucial soft skill necessary to being a good employee. The skill of time management often has to be taught, modeled and practiced with our students. Generally, we do not encourage our adult individuals to use their phones at work. This can be a distraction to them and can lead to loss of employment. However, one of the consistent soft skills students need to work on when being evaluated by MRS (Michigan Rehabilitation Services) for obtaining a job is the ability for students to return from their break or lunch on time without being prompted. Using their cell phone to set an alarm is one of the recommendations MRS gives students to be able to do this successfully. If your young adult does not have a cell phone, many watches have beeping timers built in.

As parents/guardians, you can help your young adult master this workplace soft skill by practicing this skill at home. Ask your young adult to set his/her alarm to come to dinner on time, take medicine, leave the home for school or other activities, brush his/her teeth, etc. By doing so, this will help facilitate a much needed life and job skill, time management. Encouraging them to use their cell phone or other device is essential in developing this skill and making it a practice.

Teaching and modeling independent skills are necessary in helping our young adult students become successful employees. Working together will help foster and facilitate these skills.

Lenore Barshaw

lenore.barshaw@myhpsd.org

Nurse Karen's Korner

VITAMIN B12

This week we will finish up our discussion on Vitamin B12.

Vitamin B12 is a water soluble vitamin naturally present in some foods added to others and available as a dietary supplement and a prescription medication. Because B12 contains the mineral cobalt, compounds with this vitamin are collectively called "Cobalamins"

Vitamin B12 is an essential vitamin that your body needs but cannot produce. It's found naturally in animal products. This vitamin is also added to certain foods and available as an oral supplement or injection.

Risk factors for B12 deficiency include a decreased ability to absorb this vitamin due to low HCL secretion, certain medications you may be taking or gastrointestinal disease and surgeries. People who are Vegan are also at risk since B12 is primarily found in animal products.

Food sources of Vitamin B12 include poultry, meat, fish and dairy products. This vitamin is also added to some foods as fortified breakfast cereals and is available as an oral supplement

Karen Dolinski

Nurse

Karen.Dolinski@myhpsd.org

What's on the Menu?

Hazel Park Schools February Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
Supplement your lunch from home with a milk, fruit, & vegetable for free! Must take all 3 items		1 Choice #1 WG Corn Dog Choice #2 WG Grilled Cheese with Roasted Green Beans	2 Choice #1 Chicken Drumstick & WG Dinner Roll Choice #2 WG Chicken Sandwich with Roasted Green Beans	3 Choice #1 WG Pepperoni Pizza Choice #2 WG Cheesy Italian Pull Apart Bread with Potato Wedges
6 Choice #1 WG Lasagna Roll Up & WG Dinner Roll Choice #2 WG Cheeseburger with Roasted Green Beans	7 Choice #1 WG Nachos w/ Salsa Choice #2 WG Chicken Nuggets with Seasoned Corn	8 Choice #1 WG Hot Dog Choice #2 WG Grilled Cheese with Baked Beans	9 Choice #1 WG Waffles & Sausage Choice #2 WG Chicken Sandwich with Roasted Brussel Sprouts	10 Choice #1 WG Pepperoni Pizza Choice #2 WG Bosco Sticks & Marinara with Curly Fries
13 Choice #1 WG Mac & Cheese Choice #2 WG Cheeseburger with Roasted Broccoli	14 Choice #1 WG Nachos w/ Salsa Choice #2 WG Chicken Nuggets with Roasted Carrots	15 Choice #1 WG Corn Dog Choice #2 WG Grilled Cheese with Roasted Green Beans	16 Choice #1 WG Philly Cheese Steak Sandwich Choice #2 WG Chicken Sandwich with Baked Beans	17 ½ Day
20 No School	21 No School	22 No School	23 No School	24 No School
27 Choice #1 WG Mac & Cheese Choice #2 WG Cheeseburger with Roasted Broccoli	28 Choice #1 WG Nachos w/ Salsa Choice #2 WG Chicken Nuggets with Roasted Carrots			

Daily 3rd Choice Turkey Ham & Cheese Sandwich **Assorted Fresh Fruit & Veggie Bar Available Daily**

A full student lunch includes a choice of entrée supplying protein, milk, grain, vegetable and fruit side dishes
 Milk Choices Include: Flavored and unflavored 1% milk

Every student must receive a full serving (1/2 Cup) of FRUIT or VEGETABLE to qualify for a reimbursable meal.

Contact Dan Wrobbel with any questions at (248)658-5995 or daniel.wrobbel@myhpsd.org

This institution is an equal opportunity provider

Jardon Bottle Drive



The Animal Welfare Society's Transport Van is in desperate need of repairs! Jardon is partnering with them to hold a can/bottle drive to help with the repair costs for NEW TIRES and BRAKES. Animal Welfare has partnered with Jardon to provide job related learning opportunities for our students so we want to help them reach their goal.

Jardon will be collecting can/bottle donations till the end of February. Students can bring the can/bottles into school and the school will get them delivered to Animal Welfare. You can also drop them off to the address listed below. If they are closed, you can leave them outside the door.

Animal Welfare Society
277 John R Rd
Madison Heights, Mi 48071

Jardon and Animal Welfare thank you for your donation!